

## 2.6 Continuous Professional Development

<b>LEARNING OUTCOMES</b>	<p>At the end of this module, learners will be able to:</p> <ol style="list-style-type: none"> <li>1. Identify the factors that determine them to participate in continuing professional training courses and to want to develop professionally.</li> <li>2. Apply in practice the skills and knowledge acquired after completing the continuing professional training module</li> <li>3. Implement methods and knowledge acquired after participating in continuing professional training courses</li> <li>4. Develop communication and relationship strategies with young people and minors in correctional environments</li> <li>5. Analyze the aspects that determined them to work in the correctional environment.</li> <li>6. Evaluate case studies and formulate opinions on how they would act in certain difficult situations imposed by working with minors and young people in the correctional environment.</li> </ol>		
<b>LEARNING ACTIVITIES</b>	<b>Activity 1: What is Continuing Professional Development and its importance</b>	Presenting general concepts regarding continuing professional development and its importance for those who wish to pursue a career in the correctional field	2 h
	<b>Activity 2: Types of Continuing Professional Development</b>	This activity involves a debate in which students will identify several types of professional development depending on the needs and abilities of each one.	2 h

	<b>Activity 3:</b> <b>Different learning methods within continuous professional development</b>	Within the framework of continuous professional development there are several methods of learning and professional development. Trainees are advised to follow continuous professional development courses supported by professionals who apply active learning in a structured environment	2,5 h
	<b>Activity 4:</b> <b>Benefits of continuous professional development</b>	Interactive workshop on the benefits of continuous professional development for those who want to work with people deprived of their liberty	2 h
	<b>Activity 5:</b> <b>Planning continuous professional development</b>	Students do a role-play and engage in various jobs in the correctional environment, so they find that career planning is a necessity and goal setting is important to think about the ideal future and to be motivated to turn their vision into reality.	2h
	<b>Activity 6:</b> <b>Preparing those who want to work in prisons in the</b>	Presentation of working conditions in the penitentiary environment and discussions on the skills and knowledge necessary to be able to work with	2,5 h

	<b>context of current and future challenges of the job</b>	minors and emerging youth. Presentation of studies on everything that involves working in a penitentiary and what are the challenges that employees face.	
	<b>Activity 7: The importance of emotion and risk management courses in the professional development of those who want a career in the correctional environment</b>	Debate on risk situations that occur in the correctional environment and ways to manage emotions in crisis situations. Students work in teams and present different ways to intervene calmly and intelligently in conflicts between prisoners.	2,5 h
	<b>Activity 8: Ways of communication and relationship with young people and minors in prison environments</b>	A brainstorming activity in which students are asked to come up with as many ways to communicate with a person as possible, then we will keep only those that can also be applied in communicating with minors and young people in correctional environments. Students will notice that this category of	2,5 h

		people requires a different approach.	
	<b>Activity 9: The importance of knowing educational intervention strategies that can be applied in working with minors and emerging young people</b>	Presentation of educational intervention strategies that can be applied in working with minors and emerging young people.	2,5 h
	<b>Activity 10: Developing a supportive environment for youth and minors in detention centers</b>	Debate on the development of a supportive environment for youth and minors in detention centers. Students will express their opinions on how to create a supportive environment for persons deprived of their liberty so that they can successfully reintegrate into society.	2,5 h
	<b>Activity 11: Practical application - Direct observation of work in the correctional system</b>	Students participate in various exercises simulating events from real-world correctional environments and are asked to intervene based on their own thinking.	2 h

## **Activity 1: What is continuous professional development and its importance**

### **Description:**

A general presentation about continuous professional development and its importance for the smooth running of the activity in the correctional environment.

### **Instructor actions:**

Presents information about continuous professional development to the trainees and offers explanations about the importance of professional development and continuous learning to always be in tune with the new changes in society

### **Learners actions:**

- Participate actively and show interest in the course topic
- Intervene and ask questions about continuous professional development
- Express their own opinions about how professional development helps them to develop and become better professionals

### **Learning Outcomes:**

- Identifying the factors that determine them to participate in continuing professional development courses
- Educational Content: PDFs, PPTs, Videos
- Assessment: Engaging in discussions

## **Activity 2: Types of Continuing Professional Development**

### **Description:**

Debate in which learners will identify several types of professional development depending on the needs and abilities of each one. Continuing professional development is a powerful learning tool that learners can apply to improve their skills and develop their knowledge.

**Instructor Actions:**

Exposes learners to the types of continuing professional development and determines them to engage in free discussions regarding the types of continuing professional development and how important it is to be informed about this topic.

**Learners Actions:**

- Listens with interest to the information presented by the instructor
- Shows interest, gets involved in the activity carried out and answers the questions asked by the instructor

**Learning outcomes:**

- Identifying the factors that determine them to participate in continuing professional development courses
- Learners will put into practice the skills and knowledge acquired after completing the continuing professional development module
- Educational content: PDFs, PPT presentations
- Evaluation: Learners answer questions posed by the instructor and engage in free discussions throughout the lesson

**Activity 3: Different learning methods in continuous professional development**

**Description:**

Discussion on learning methods and identification of effective learning methods used in continuous professional development courses

**Instructor actions:**

The instructor explains to the students that there are several learning methods when taking a professional development course. There are free discussions about effective learning and how important it is in continuous professional development courses.

**Learners Actions:**

Carefully analyze the presented material and identify as many effective learning methods specific to each individual as possible because each student has his or her own learning style and certain methods work

**Learning outcomes:**

- Students will be able to use methods and knowledge acquired after participating in the continuous professional development course
- Educational content: PDFs, PPTs,
- Evaluation: Involvement in discussions and expressing one's own opinions

**Activity 4: Benefits of Continuing Professional Development**

**Description:**

Interactive workshop on the benefits of continuing professional development for those who want to work with prisoners

**Instructor actions:**

The instructor discusses the topic of working with prisoners and asks the trainees to answer how they would act in certain

situations. He makes them aware of the benefits of continuing professional development.

**Learners Actions:**

The trainees answer the instructor's questions and, studying the material, find that continuing professional development has many benefits and helps them if they want to pursue a career in the correctional field.

**Learning outcomes:**

- Identify the factors that determine them to participate in continuing professional development courses
- Analyze the aspects that determined them to work in the correctional environment
- Educational content: PDFs, PPTs, videos
- Evaluation: Argumentative essay

**Activity 5: Planning for continuous professional development**

**Description:**

The students do a role play and simulate employment in different jobs in the correctional environment, thus they find that career planning is a necessity and setting goals is important to think about the ideal future and to be motivated to transform their vision into reality.

**Instructor actions:**

The instructor presents the material to the students and together they establish the rules of the game.

**Learners actions:**

They must simulate different jobs that they want in the correctional environment and depending on the needs of each one they must



present when they consider it will be necessary to develop professionally.

**Learning outcomes:**

- Identify the factors that determine them to participate in continuous professional development courses

Formulate opinions about how they would act in certain difficult situations imposed by working with minors and young people in the correctional environment

- Educational content: PDFs
- Evaluation: Reflexive journal

**Activity 6: Preparing those who want to work in prisons in the context of current and future challenges of the job**

**Description:**

Presentation of working conditions in the prison environment and discussions on the skills and knowledge necessary to be able to work with minors and emerging youth.

**Instructor actions:**

Presentation of studies on everything that involves working in a prison and what are the challenges that employees face.

**Learners actions:**

Students listen carefully to what the instructor explains and intervene with questions to clarify what working with youth and minors in detention centers entails.

**Learning outcomes:**

- Develop communication and relationship strategies with youth and minors in correctional environments
- Educational content: PDFs, PPTs

- Evaluation: Involvement in discussions, respond positively to the instructor's requirements.

**Activity 7: The importance of emotion and risk management courses in the professional development of those seeking a career in the correctional environment**

**Description:**

Discussion on risk situations that occur in the correctional environment and ways to manage emotions in crisis situations. The students work in teams and present different ways to calmly and intelligently intervene in conflicts between prisoners.

**Instructor actions:**

The instructor presents the students with different materials with problematic situations that occur in the development of the activity with persons deprived of their liberty. The instructor explains to the students that they are a category of vulnerable people who have different traumas and must be treated with great calmness. Managing emotions and calmness are essential conditions that a prison employee must have.

**Learners Actions:**

Students listen attentively to the instructor's lecture and show interest in debating this topic

**Learning Outcomes:**

- Apply in practice the skills and knowledge acquired after completing the continuing professional development module
- Develop communication and relationship strategies with youth and minors in correctional settings
- Educational content: PDFs, videos

- Evaluation: Feedback discussions

### **Activity 8: Ways of communication and relationship with youth and minors in correctional environments**

#### **Description:**

A brainstorming activity through which students are asked to say as many ways as possible to communicate with a person, then we will keep only those that can also be applied in communication with minors and young people in correctional environments.

#### **Instructor actions:**

The instructor challenges the students to say as many ways as possible to communicate with a person.

#### **Learners actions:**

Students will notice that persons deprived of their liberty are more vulnerable and require a different approach.

#### **Learning outcomes:**

- Develop strategies for communication and relationship with youth and minors in correctional environments
- Educational content: PDFs
- Assessment: Teams will write an essay on how we should communicate with persons deprived of their liberty

### **Activity 9: The importance of knowing some educational intervention strategies that can be applied in working with minors and emerging youth**

#### **Description:**

Presentation of some educational intervention strategies that can be applied in working with minors and emerging youth.

**Instructor actions:**

The instructor discusses with the students the topic of educational intervention and the role they have when they will have to intervene in some crisis situations, they must understand that it is very important to adopt a mediator role and to resolve conflicts in a timely manner so as not to generate larger conflicts. There is no standard strategy that can be applied in working with minors and emerging youth because each situation has its own specifics and must be treated individually. The instructor asks the students to watch some videos regarding the activity carried out in detention centers.

**Learners actions:**

The students listen carefully to the instructor's presentation, watch the videos and then discuss what they found.

**Learning outcomes:**

- Apply in practice the skills and knowledge acquired after completing the continuing professional development module
- Implement methods and knowledge acquired after participating in continuing professional development courses
- Educational content: PDFs, videos
- Assessment: Involvement in discussions

**Activity 10: Developing a supportive environment for youth and minors in detention centers****Description:**

Discussion on the topic of developing a supportive environment for youth and minors in detention centers.

**Instructor actions:**

The instructor presents to the trainees ways to develop a supportive environment for change and to help those deprived of their liberty to reintegrate into society and not present any danger of recidivism.

**Learners actions:**

The trainees will express opinions on how to create a supportive environment for persons deprived of their liberty so that they can successfully reintegrate into society.

**Learning outcomes:**

- Implement methods and knowledge acquired after participating in continuing professional development courses
- Develop communication and relationship strategies with youth and minors in correctional settings
- Educational content: PDFs
- Evaluation: Reflexive journal

**Activity 11: Practical application – Direct observation of work in the correctional system**

**Description:**

Students participate in various exercises simulating events in real-world correctional environments and are asked to intervene based on their own thinking.

**Instructor actions:**

The instructor creates certain spontaneous events that the students do not know about.

**Student actions:**

	<p>They act and intervene</p> <p><b>Learning outcomes:</b></p> <ul style="list-style-type: none"> <li>• Evaluate case studies and formulate opinions about how they would act in certain difficult situations imposed by working with minors and young people in the correctional environment</li> <li>• Educational content: role-playing</li> <li>• Evaluation: involvement in the activity</li> </ul>
<b>EDUCATIONAL CONTENT/ RESOURCES</b>	<ul style="list-style-type: none"> <li>• Basic material in pdf and ppts and various videos</li> <li>• Additional readings such as case studies and research articles on best practices for research articles on the importance of continuous professional development</li> <li>• Multimedia resources: Videos, interviews and recorded discussions with those working in the correction field.</li> </ul>
<b>UTILIZATION OF ICT</b>	<ul style="list-style-type: none"> <li>• Materials and activities will be found in the PICTURES Learning Management System.</li> <li>• Videoconferencing tools: Zoom</li> <li>• Digital multimedia content</li> </ul>
<b>INSTRUCTIONAL METHODS</b>	<ul style="list-style-type: none"> <li>• Presentations, lectures, debates, role play, interactive methods to capture the attention of the students and motivate them to participate with interest in the course.</li> <li>• Case study analysis to understand the importance of continuous professional development and adaptation to the current demands of society and the correctional environment.</li> </ul>

	<ul style="list-style-type: none"> <li>• Teamwork to develop their communication skills, team spirit and decision-making power.</li> <li>• Reflection exercises, self-assessment questionnaires and discussions to encourage the desire for continuous professional development and to raise awareness of its importance.</li> </ul>
<b>DELIVERY MODE</b>	<ul style="list-style-type: none"> <li>• Online modules: theory, discussions and assessments.</li> <li>• Face-to-face workshops: role-playing, group discussions.</li> </ul>
<b>ASSESSMENT METHODS</b> (formative and/or other assessments for each unit/module, if applicable)	<ul style="list-style-type: none"> <li>• Formative assessments: questionnaires</li> <li>• Summative assessments: argumentative essays</li> <li>• Final assessment: to provide answers to a set of questions that address important concepts in this course.</li> <li>• Simulation performance: Evaluating scenarios from the correctional environment and offering solutions.</li> <li>• Written analysis: a reflective essay on the importance and benefits of continuing professional development for those who wish to work in the correctional environment</li> </ul>